



Disclaimer: These are rough notes we use to prep for the show. Please excuse typos, etc.

Simple Life Together Episode 67: Simple Your Wardrobe Redux. Edit Your Closet, Edit Your Mind

Hi and welcome to Simple Life Together

A podcast dedicated to leading a simpler life in the modern world

I'm Dan Hayes.

And I'm Vanessa Hayes.

Welcome back to Simple Life Together! On the last episode of the show we talked all about predicting your future by taking steps to create it yourself.

On today's show, we're going to follow up on a show we did 20 episodes ago, and bring you up to speed on how Project 333 and the Dress With Less program has worked for us. When your goal is to simplify your wardrobe, you

don't expect to expect to learn a whole lot of lessons about your attachment to "stuff". But that's just what happened with us.

Thesis Statement

So, Episode 47 was all about how to simplify your wardrobe, what our ideal wardrobe would look like to each of us, and issues we thought we'd face. We introduced Courtney Carver's Project 333, which you can find out more about by going to SimpleLifeTogether.com/dress, and shared that we were getting ready to give it a shot. Well, today we're following up on that. As we were having a candid conversation, we decided that "we really needed to just go out to the shedquarters and record this" for the show. It was just Vanessa and me having a little one on one talk, but we thought you'd appreciate being a fly on the wall.

So, have a listen!

Thing: None

Vanessa:

Dan: Meeting lots of great folks at NAPO2014

Qs and Comments:

We had some terrific iTunes reviews! Thanks to:

mcevjael wrote: Great content...every episode. 5 Stars. It's obvious how much prep work goes into each episode. Thanks for the valuable content and the easy listening.

Announcements:

SimpleRev Tickets: Dont forget to pick up your tickets to the SimpleRev summit. It's being held on Oct 3-4 in beautiful downtown Minneapolis on the University of St Thomas campus. To get your tickets, just go to SimpleRev.com/tickets.

There will be some great workshop leaders there, including Joshua BECKER from BecomingMinimalist.com, Mike VARDY from Productivityist.com, Brooks DUNCAN from DocumentSnap.com, David DELP from PilotFire.com, and others.

And be sure to check out the All Things SimpleRev podcast as well. There's a link in the shownotes, or just search iTunes for SimpleRev, all one word. On Episode 3 Joel and I talk with our friend Joshua Becker about...you

guessed it...simplicity! So have a listen.

CONTACT INFO: Remember...if you have questions or comments you can find all our contact info at SimpleLifeTogether.com/vanessa or SimpleLifeTogether.com/dan.

Wrap Up:

OK, so that's it for Episode 67 of Simple Life Together. Remember, when it comes to simplifying your life there will be ups and downs. While you may set out to simplify your wardrobe, don't be surprised if you learn a lot more about yourself than just what kind of clothes you like. Simplifying leads us to be a lot more in touch with the "Why" of things, than it does about merely the "What" and the "How".

Be sure to pick up a copy of ***Supermom vs Super Mom: Simplicity Tips for Busy Moms. It's a Simple Life Guide to Getting Organized, Finding Margin, and Embracing Simplicity for Moms.*** Just go to SimpleLifeTogether.com/supermom to get your copy

today!

As usual, you can find all the links and info from today's show at SimpleLifeTogether.com/067.

So let us know what you think of the show and how you're simplifying your life, too! We'd absolutely love to hear from you.

So, until next time, we hope you enjoy your...

SIMPLE LIFE TOGETHER

Resources and Links:

[SimpleRev Tickets](#)

[Supermom vs Super Mom](#)