Simple Life Together Episode 69: Head Over Heels In Love With Simplicity

Hi and welcome to Simple Life Together

A podcast dedicated to leading a simpler life in the modern world

I’m Dan Hayes.

And I’m Vanessa Hayes.

Well, welcome back to the show! On the last episode we talked all about simple living with Liz Neighbors for one of our Profiles in Simplicity

Then we were gone for about a month and got a bunch of emails asking if we were okay! Heck, we were better than okay...we were on vacation! Well, some of that was a ‘working vacation’ too.
So on today’s show, we’re going to talk about the last month, how simplicity allowed us to carve out and enjoy that time, and some things that we either learned or were reinforced along the way.

So, the take-away for you isn’t us talking about our trip...I mean, who cares about that other than us, right? But rather, I think the things we experienced tie directly in with almost everything we talk about here on the show. And if you’re a listener...which you obviously are if you’re hearing this...you take what we talk about and adapt if for you right? Well, that’s exactly what you’ll do with this info, too. And if we’re lucky, maybe we’ll even save you some time or effort by helping you avoid some of the mistakes we’ve made.

- How we made time to take a vacation
  - Juggled clients
  - Choose to align our work w/our Freedom Pillar
- Why we went where we did and a little about each stop
  - FL
  - Nashville: mastermind and a fellow CPO, her garden, small town, etc...
  - ‘Other stops’ in the Blue Ridge area
One of our ‘hopeful’ spots was a no-go for us
- Meeting full-time RVers
- Stopped for an overnighter in Shenandoah NP...bears
- Luray caverns
  - Hershey...duh, chocolate!
  - Adirondacks, nixed Vermont (for Shenandoah)
  - Sprague Brook and Buffalo area
    - George & Sheila
    - Family (basically, listen to Episode 35)
    - Kevin & Evette’s eggs!
    - Explore Buffalo
  - Ohio
  - Graceland
    - We wonder what it would be like to live that lifestyle sometimes, but I’d bet Elvis would have traded with us on a few occasions.
- Thanks to Big Jim Sykes of XM/Sirrius Elvis Radio at Graceland... Letting me explore and get a photo op in the studio setup

- Small space living in camper, Matt in Hennessy Hammock
- Simple foods and not eating too much ‘junk’ on the road
- Merino, clothing choices/amounts
• Campfires, slackline, fishing, time with family
• Mention Chris & Sarah Wehkamp of ParentsWho.com...new blog launched today
• Living dream vs ‘buying into a dream’
  ○ Other teardropper
  ○ With reference to our search for the “ideal” place to live back in Episode 65
    ■ Prefer small town
    ■ Prefer to be closer to family
    ■ Realistic expectations for dreams
      ● Dan sets expectations too high in most areas, then feels let down.
      ● “Pinterest is a website, it’s not a town. You can’t live in Pinterest”
• What it felt like to come back to our simple home.

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**Thing:**

**Dan:** Being off of social media and even email to a large extent for almost a month!

**Vanessa:** Sunshine Girl lecturing me about being on the iPhone
OK simplifiers, our show is free. If you get something out of what we produce for you, there are two ways we’d like for you to pay us back. Number 1: Go to SimpleLifeTogether.com/iTunes and leave us a rating and a review. It helps others find the show and makes us feel like what we’re doing here matters. Number 2: Send your friends a link to your favorite episode of the show and tell them why you like to listen and help them subscribe if they’ve never listened to a podcast before. That’s it...we just need you to help spread the SLT love! Thanks.

Announcements:

SimpleRev Tickets: Don’t forget to pick up your tickets to the SimpleRev summit. It’s being held on Oct 3-4 in beautiful downtown Minneapolis on the University of St Thomas campus. To learn more, have a good look around SimpleRev.com. While you’re there, check out all the new speakers lined up to help you live a more simple life. Our buddy Joel Zaslofsky has put a lot of work into getting this rolling and we hope to see you there!

CONTACT INFO: Remember...if you have questions or comments you can find all our contact info at SimpleLifeTogether.com/vanessa or SimpleLifeTogether.com/dan.
Wrap Up:

OK, so that’s it for Episode 69 of Simple Life Together. We hope you enjoyed hearing about our vacation as much as we enjoyed taking it! I’m sure there was a little nugget of info in there that you could easily apply to your life to make it a little simpler.

Believe it or not, school starts up for many kids here in the States in just over a month! So, be sure to pick up a copy of *Supermom vs Super Mom: Simplicity Tips for Busy Moms*. It’s a *Simple Life Guide to Getting Organized, Finding Margin, and Embracing Simplicity for Moms*. Just go to SimpleLifeTogether.com/supermom to get one for yourself or a Mom that you know could use some simplicity or a lot more of LESS in their life for under 5 bucks! And a special thanks to Brooks Duncan of DocumentSnap.com for his complete review of Supermom! Be sure to head over to the blog on DocumentSnap.com and give it a read!

As usual, you can find all the links and info from today’s show at SimpleLifeTogether.com/069.
So let us know what you think of the show and how you’re simplifying your life, too! We’d absolutely love to hear from you.

So, until next time, we hope you enjoy your...

SIMPLE LIFE TOGETHER

Resources and Links:

Dan's Merino Wool Clothing
Vanessa's Merino Wool Clothing
Dress With Less
ParentsWho.com
Hennessy Hammock
SimpleRev Tickets
Supermom vs Super Mom